

# **How to Reduce Losses And Book Profits Consistently Swing Trading Futures**

**Presented by**

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## **DISCLAIMER**

**Options and Futures involve risk and are not suitable for all investors. Prior to buying or selling an option, a person must receive a copy of Characteristics and Risks of Standardized Options (ODD). Copies of the ODD are available from your broker, by calling 1-888-OPTIONS, or from The Options Clearing Corporation, One North Wacker Drive, Suite 500, Chicago, Illinois 60606. The information on this presentation is provided solely for general education and information purposes and therefore should not be considered complete, precise, or current. Any strategies discussed including examples using actual securities and price data are strictly for educational and illustrative purposes. No statement within this presentation should be construed as a recommendation to buy or sell a security or to provide investment advice.**

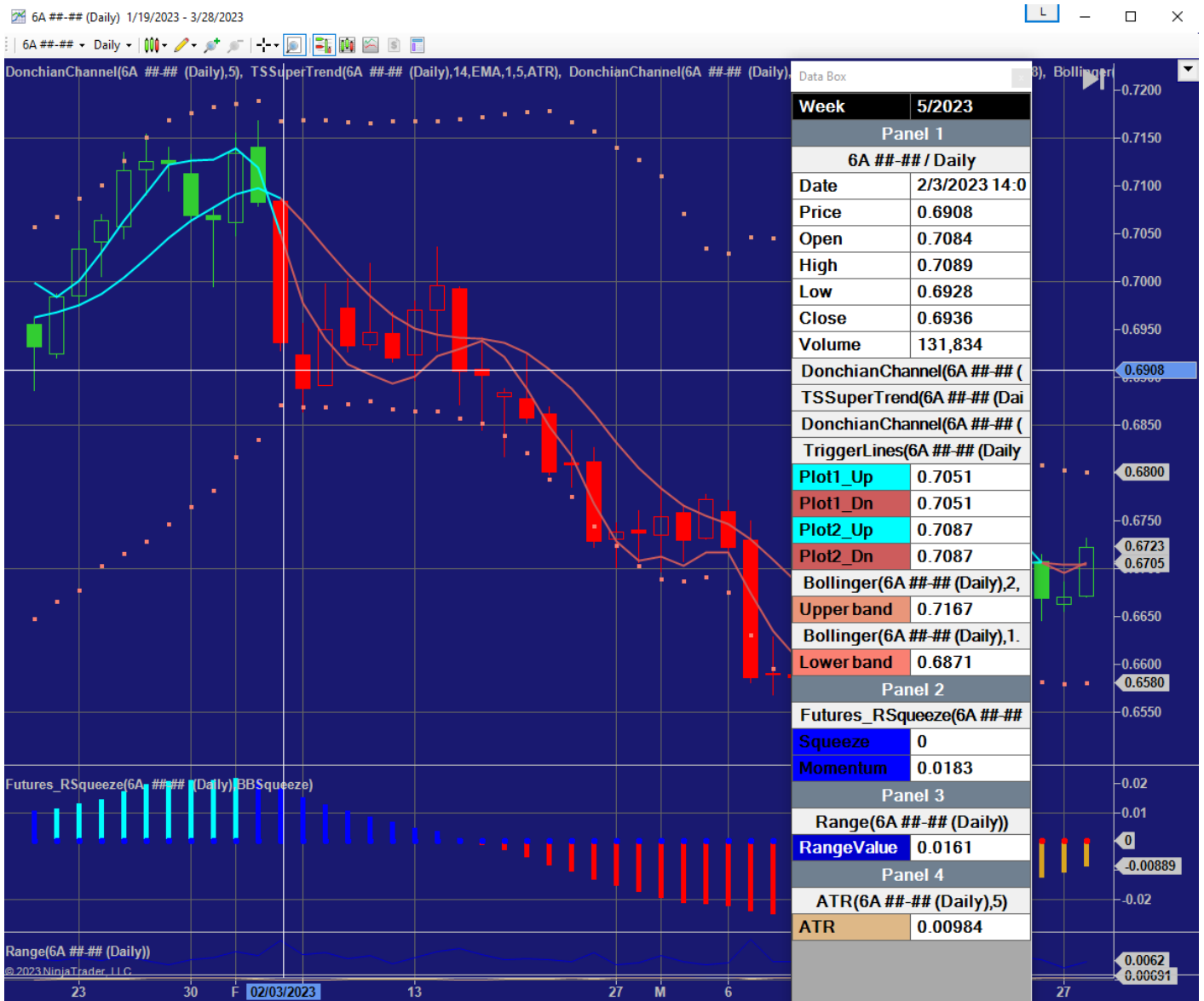
**Notice: The material contained in this presentation are Eversley Forte's thoughts, ideas, and approach to trading the markets which have worked for him consistently in the past. Each individual investor will need to determine for themselves how they want to approach trading the markets and their own methods of managing the associated risks.**

<b>Symbol</b>	<b>Futures</b>
AD	Australian Dollar
BP	British Pound
CD	Canadian Dollar
EC	Euro
ES	S&P Futures
NQ	NASDAQ-Futures
RTY	Russell Futures
SF	Swiss Franc
YM	Dow Futures

# Sample Trading Plan: Bear Attack Currency Futures Sell

Fully detailed Setup and Trigger criteria will be reviewed during 1-on-1 coaching sessions, along with trade management and implementation. The general strategy concept is shown below.

- **Setup:**
  - On the signal day there is a Bearish crossover on the **Trigger\_Lines**.
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  - **Trigger:**
  - **TSSuperTrend** candle is colored **RED** on the signal day. NOGO if candle is colored green.
  - **Squeeze** and **Bollinger Band** trigger criteria will be detailed in coaching sessions to identify the optimal trading opportunities.
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  - **Trade management:**
  - Sell stop to enter the Futures positions, and manage as shown in the detailed trading plans and as instructed during coaching sessions.
- Example win/loss stats:** Australian Dollar (AD) and Euro (EC) = 85% wins, AD: P/L = 3.20



All Valid AD & EC Bear Attack Sell Trade Dates					
Symbol	Valid Trade Date	Win/Loss Status	Symbol	Valid Trade Date	Win/Loss Status
AD	04/12/24	1	AD	04/15/13	1
AD	01/03/24	1	EC	02/07/13	1
EC	01/03/24	1	AD	11/15/12	0
EC	12/01/23	1	EC	07/05/12	1
EC	07/24/23	1	EC	06/25/12	0
AD	05/15/23	1	AD	05/03/12	1
AD	02/03/23	1	EC	04/04/12	1
EC	02/03/23	1	AD	03/06/12	1
AD	08/18/22	1	EC	09/01/11	1
AD	04/08/22	1	AD	08/03/11	1
EC	04/05/22	1	EC	05/06/11	1
AD	03/14/22	0	EC	02/04/11	0
AD	01/21/22	1	AD	01/06/11	1
AD	01/05/22	1	EC	01/06/11	0
AD	11/02/21	1	AD	11/12/10	1
AD	09/14/21	1	EC	08/11/10	1
EC	08/06/21	1	AD	06/29/10	1
EC	03/01/21	1	EC	04/21/10	1
EC	10/29/20	0	AD	01/20/10	1
AD	09/08/20	0	EC	01/19/10	1
EC	01/08/20	1	EC	12/04/09	1
AD	01/07/20	1	EC	10/27/09	1
AD	07/24/19	1	EC	09/28/09	0
EC	03/26/19	1	AD	06/15/09	1
AD	02/07/19	1	AD	01/12/09	1
AD	12/07/18	1	AD	07/23/08	1
EC	09/28/18	1	EC	07/23/08	1
AD	04/20/18	1	EC	04/24/08	1
EC	03/29/18	1	EC	02/06/08	1
EC	02/23/18	1	AD	07/27/07	1
AD	02/02/18	1	EC	07/25/07	1
EC	09/25/17	1	EC	05/03/07	1
EC	05/10/17	0	EC	08/11/06	0
EC	03/30/17	1	AD	05/15/06	1
EC	11/09/16	1	AD	03/07/06	1
EC	08/26/16	1	EC	01/30/06	1
AD	07/20/16	0	EC	09/13/05	1
AD	05/20/15	1	AD	08/17/05	1
EC	05/19/15	1	EC	08/17/05	1
AD	01/22/15	1	EC	04/28/05	1
AD	11/03/14	1	EC	03/21/05	1
AD	09/09/14	1	EC	01/04/05	1
AD	07/30/14	1	AD	08/24/04	1
AD	06/17/14	0	AD	07/21/04	1
EC	05/09/14	1	EC	05/10/04	0
AD	01/16/14	1	EC	02/20/04	1
EC	10/31/13	1	EC	01/15/04	1
EC	08/29/13	1	EC	10/16/03	0
AD	07/30/13	1	AD	07/09/03	1

Symbol	Currency
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Win %	Total Trades = 99
86%	Total Wins - 85
14%	Total Losses - 14

1 = win
0 = loss

# Futures Coaching Details (2 Programs)

## (Index Futures and Currency Futures Swing Trading Strategies - \$1745):

Whether you are brand new to trading or have experience, we can help you become more consistently profitable. We want you to become confident without having a fear of significant financial losses, by having a plan going forward which you can easily implement, and to have expectations of annual profitability. We will work with you one on one over several months to achieve these goals.

For trading **Futures**, we provide you with comprehensive Trading Plans for 10 technical setups (Index Futures and Currency Futures strategies), win/loss % stats and expected profitability for each of the Index Futures (ES - S&P, NQ – NASDAQ, RTY - Russell 2000, YM – DOW), and Currency Futures (AD - Australian Dollar, CD - Canadian Dollar, EC - Euro, SF - Swiss Franc). We will provide detailed profit maximizing and position management for each strategy. There will be at least 6 months of support to get your trading consistent and to deal with various market conditions. Your success is a priority for us. Periodic updates on win/loss % stats for each Index and Currency Futures strategy are available each quarter.

We will do a monthly review of your trades to make sure that any losses you experience, were just normal and expected losses. If losses were due to any other reason, we will identify the cause, and try to eliminate it going forward. After 3-6 months of consistently trading the strategies, we will evaluate what is working for you and what is not. We will then make adjustments accordingly to fine tune and improve trading results. We do ask you to commit to at least 6 months of trading the methodology, to really understand the monthly profit/loss expectations. We will provide as much individualized guidance as possible during this time.

This is the program we recommend for anyone new to Futures trading, as well as experienced traders looking to add more consistency and profitability to their trading portfolios. For newer traders, we will provide guidance with selection of Futures brokers, setup of trading and analysis platforms, plus address any questions or concerns that come up with direct communications via phone, video conferencing, email, or in person.

We will meet either via online conferencing using Zoom, or in person if you happen to live in the San Francisco Bay Area. We will make sure your charts are set up properly on your computer, and you have a good understanding of the trading strategies along with the related position management. That usually takes 5-10 hours for the Futures strategies. The first few meetings are usually 1-2 hours per session, either via online conferencing or in-person. Eventually, we will be primarily communicating via phone, email, or online conferencing as needed each week when questions come up regarding trades. We try to be flexible with clients, since we all live busy lives.

### **One-On-One Coaching:**

Through the years we have learned that some people prefer to be taught one-on-one. If you select this type of coaching, Eversley will work directly with you, either face to face or online using Zoom. This type of coaching will enable you to learn more quickly, and begin trading the Futures strategies live, much sooner. Eversley will focus his full attention on your needs, tailor his coaching based on your level of experience, and give you his full attention during each of your coaching sessions.

# Futures and Options Program

## (10 Daily Chart Futures Strategies and 6 Daily Chart Option Strategies - \$3495)

Whether you are brand new to trading or have experience, we can help you become more consistently profitable. We want you to become confident without having a fear of significant financial losses, by having a plan going forward which you can easily implement, and to have expectations of annual profitability. We will work with you one on one over several months to achieve these goals.

For trading **Futures**, we provide you with comprehensive Trading Plans for 10 technical setups (Index Futures and Currency Futures strategies), win/loss % stats and expected profitability for each of the Index Futures (ES - S&P, NQ – NASDAQ, RTY - Russell 2000, YM – DOW), and Currency Futures (AD - Australian Dollar, CD - Canadian Dollar, EC - Euro). We will provide detailed profit maximizing and position management for each strategy. There will be at least 6 months of support to get your trading consistent and to deal with various market conditions. We also make available periodic updates to the win/loss % stats for each Futures strategy.

We will do a monthly review of your trades to make sure that any losses you experience, were just normal and expected losses. If losses were due to any other reason, we will identify the cause, and try to eliminate it going forward. After 3-6 months of consistently trading the strategies, we will evaluate what is working for you and what is not. We will then make adjustments accordingly to fine tune and improve trading results. We do ask you to commit to at least 6 months of trading the methodology, to really understand the monthly profit/loss expectations. We will provide as much individualized guidance as possible during this time.

This is the program we recommend for anyone new to option or Futures trading, as well as experienced traders looking to add more consistency and profitability to their trading portfolios. For newer traders, we will provide guidance with selection of Futures and option brokers, setup of trading and analysis platforms, plus address any questions or concerns that come up.

For **ETF options**, we provide comprehensive Trading Plans for each of the 6 Ichimoku/Donchian Daily Chart setups we specialize in. Win/loss % stats will be provided for each ETF. We only take trades where we expect 84% wins or higher. The 28 ETFs we trade cover all of the major markets and sectors, interest rate ETFs, and international markets. The Daily Chart setups combined with the Weekly Chart setups produce 30 to 50 potential trading opportunities each month.

After consulting with you, we will customize a plan to most effectively achieve your trading goals, and which fits into your lifestyle. There will be at least 6 months of support to get your trading consistent and to deal with various market conditions. We also send out periodic updates to win/loss stats for each ETF and Futures contracts.

We will do a monthly review of your trades to make sure that any losses you experience, were just normal and expected losses. If losses were due to any other reason, we will identify the cause, and try to eliminate it going forward. After 3-6 months of consistently trading the strategies, we will evaluate what is working for you and what is not. We will then make adjustments accordingly to fine tune and improve trading results. We do ask you to commit to at least 6 months of trading the methodology, to really understand the monthly profit/loss expectations. We will provide as much individualized guidance as possible during this time.

We will meet either via online conferencing using Zoom, or in person if you happen to live in the San Francisco Bay Area. We will make sure your charts are set up properly on your computer, and you have a good understanding of the trading strategies along with the related position management. That usually takes 5-10 hours for the option strategies, and 5-10 hours for the Futures strategies. The first few meetings are usually 1-2 hours per session, either via online conferencing or in-person. After the initial meetings, we will be primarily communicating via phone, email, or online conferencing as needed each week when questions come up regarding trades. We try to be flexible with clients, since we all live busy lives.

Please call or email with any questions, and to discuss your specific situation and trading goals. We can work on a personalized plan to achieve those goals.

**Bay Area Options and Futures Swing Traders website:**

[www.behindscenes.com](http://www.behindscenes.com)

**Meetup site for live events in the Bay Area plus Zoom meetups:**

[www.meetup.com/Bay-Area-Options-and-Forex-Swing-Traders/](http://www.meetup.com/Bay-Area-Options-and-Forex-Swing-Traders/)