

Swing Trading Market Sectors Using Options And The Donchian Channel

Presented by

Eversley Forte

408-244-4895

trading@behindscenes.com

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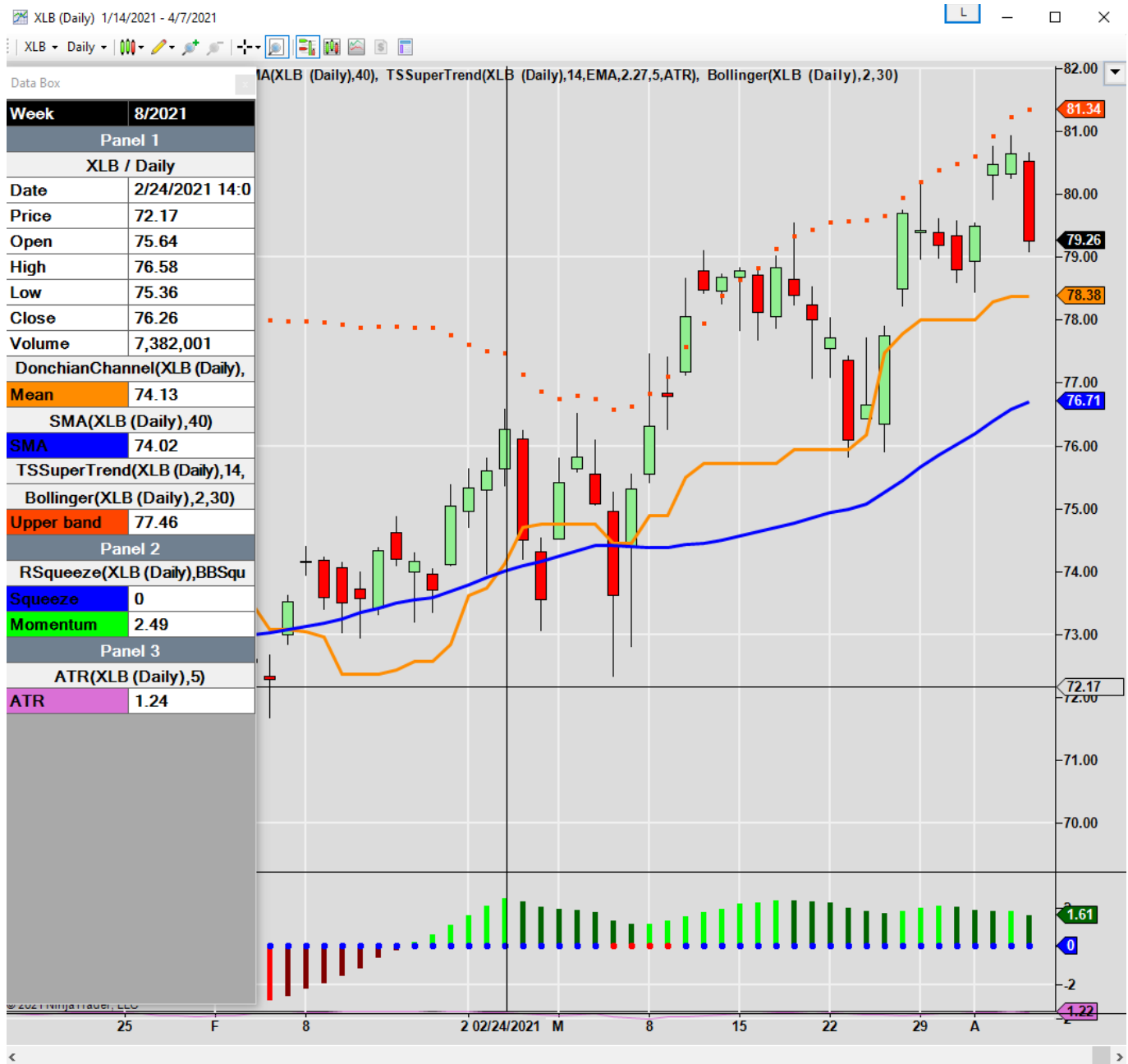
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Notice: The material contained in this presentation are Eversley Forte's thoughts, ideas, and approach to trading the markets which have worked for him consistently in the past. Each individual investor will need to determine for themselves how they want to approach trading the markets and their own methods of managing the associated risks.

Symbol	Sector
DIA	Dow Jones
EEM	Emerging Markets
EFA	Europe, Australia, Asia
EWG	Germany
EWH	Hong Kong
FXI	China
GDX	Gold Miners
GLD	Gold
IBB	Biotechnology
IWM	Russell
IYR	Real Estate
QQQ	Nasdaq
SLV	Silver
SPY	S&P
TLT	Treasury Bond
UNG	Natural Gas
USO	Oil
VNQ	Real Estate
VWO	Emerging Markets
XHB	Homebuilders
XLB	Basic Materials
XLE	Energy
XLF	Financial
XLI	Industrial
XLK	Technology
XLV	Health Care
XME	Metals & Mining
XOP	Oil & Gas Exploration & Production
XRT	Retail

Sample Trading Plan: Donchian Crossover Buy - ETF Options

- **Buy Setup**
- **DonchianChannel** Mean Line crosses over 40 SMA, and is increasing from the previous day.
- **Buy Trigger:**
- Verify number of days the bearish crossover lasted.
- Signal day must close below the upper Bollinger Band.
- **Trade management on buy side:**
- Buy ATM or ITM Calls at the next open (see stats).
- Detailed trade management and implementation will be reviewed during 1-on-1 coaching sessions.



XLB - Donchian Crossover Buy

Valid Trade Dates	1 Exp Cycle 1 x ATR Profit Target Win/Loss	2 Exp Cycles 1 x ATR Profit Target Win/Loss
08/05/22	1	1
01/05/22	0	0
10/26/21	1	1
08/09/21	1	1
02/24/21	1	1
04/24/20	1	1
10/30/19	1	1
09/18/19	0	1
06/21/19	1	1
01/24/19	1	1
09/05/18	1	1
04/27/18	1	1
06/08/17	1	1
07/27/16	1	1
02/24/16	1	1
10/22/15	1	1
08/28/14	1	1
05/06/14	1	1
02/27/14	1	1
07/24/13	1	1
03/22/13	1	1
12/17/12	1	1
06/25/12	1	1
01/10/12	1	1
09/17/10	1	1
07/26/10	1	1
03/08/10	1	1
11/23/09	1	1
07/31/09	1	1
12/26/08	1	1
04/10/08	1	1
02/13/08	1	1
12/18/07	1	1
03/26/07	1	1
08/17/06	1	1
07/12/06	0	1
10/31/05	1	1
08/16/05	0	0
06/15/05	1	1
09/02/04	1	1
06/14/04	1	1
04/16/04	0	0
02/26/04	1	1
10/21/03	1	1
04/01/03	1	1
10/31/02	1	1
05/21/02	1	1
02/12/02	1	1
10/31/01	1	1
08/30/01	1	1
04/18/01	1	1
02/20/01	1	1
03/31/00	1	1
11/05/99	1	1

XLB - Donchian Crossover Buy	
1 Exp Cycle 1 x ATR Profit Target	
Total Trades = 54	
Wins = 49	91% Percent Wins
Losses = 5	

2 Exp Cycles 1 x ATR Profit Target	
Total Trades = 54	
Wins = 51	94% Percent Wins
Losses = 3	

1 = win
0 = loss

Options Coaching Details (2 Programs)

Daily Chart Option Program (6 Daily Chart Option Swing Trading Strategies - \$1750):

This is a perfect swing trading program for the active trader who already has some experience trading options, is skilled at using their charting and analysis platforms, and just wants to increase profitability and consistency. We provide comprehensive Trading Plans for each of the 5 Ichimoku/Donchian Daily Chart setups we specialize in. These strategies produce 20 to 40 potential swing trades each month. Win/loss % stats will be provided for each ETF. We only take trades where we expect 84% wins or higher. The 28 ETFs we trade cover all of the major markets and sectors, interest rate ETFs, and international markets.

After consulting with you, we will customize a plan using specific ETFs and strategies to most effectively achieve your goals, and which fits into your lifestyle. There will be at least 6 months of support to get your trading consistent and to deal with various market conditions. We also make available periodic updates to the win/loss % stats for each ETF.

We will do a monthly review of your trades to make sure that any losses you experience, were just normal and expected losses. If losses were due to any other reason, we will identify that cause, and try to eliminate it going forward. After 3-6 months of consistently trading the strategies, we will evaluate what is working for you and what is not. We will then make adjustments accordingly to fine tune and improve trading results. We do ask you to commit to at least 6 months of trading the methodology, to really understand the monthly profit/loss expectations. We will provide as much individualized guidance as possible during this time.

We will meet either via online conferencing using Zoom, or in person if you happen to live in the San Francisco Bay Area. We will make sure your charts are set up properly on your computer, and you have a good understanding of the trading strategies along with the related position management. That usually takes 5-7 hours for the option strategies. The first few meetings are usually 1-2 hours per session, either via online conferencing or in-person. After the initial meetings, we will be primarily communicating via phone, email, or online conferencing as needed each week when questions come up regarding trades. We try to be flexible with clients, since we all live busy lives. I am available to schedule coaching sessions on Monday, Tuesday, Wednesday, Friday, and Sunday. We can arrange for either online video conferencing using Zoom, or in person sessions.

One-On-One Coaching:

Through the years we have learned that some people prefer to be taught one-on-one. If you select this type of coaching, Eversley will work directly with you, either face to face or online using Zoom. This type of coaching will enable you to learn more quickly, and begin trading the Futures strategies live, much sooner. Eversley will focus his full attention on your needs, tailor his coaching based on your level of experience, and give you his full attention during each of your coaching sessions.

Futures and Options Program

(10 Daily Chart Futures Strategies and 6 Daily Chart Option Strategies - \$3495)

Whether you are brand new to trading or have experience, we can help you become more consistently profitable. We want you to become confident without having a fear of significant financial losses, by having a plan going forward which you can easily implement, and to have expectations of annual profitability. We will work with you one on one over several months to achieve these goals.

For trading **Futures**, we provide you with comprehensive Trading Plans for 10 technical setups (7 Index Futures and 3 Currency Futures strategies), win/loss % stats and expected profitability for each of the Index Futures (ES - S&P, NQ – NASDAQ, RTY - Russell 2000, YM – DOW), and Currency Futures (AD - Australian Dollar, CD - Canadian Dollar, EC - Euro). We will provide detailed profit maximizing and position management for each strategy. There will be at least 6 months of support to get your trading consistent and to deal with various market conditions. Realistically we will support for more than 6 months by providing continued access to our social media pages where we post trades valid each day. Your success is a priority for us. We also send out periodic updates on win/loss % stats for each Index and Currency Futures strategy, at no additional charge. With proper risk allocation and position management, big market moves means there is no increase in \$\$\$ risk, but potential profits increase. We never, ever day trade on any intraday time frames, so we are never up in the middle of the night or early morning trading on 5 min charts, or 1 hour charts, or any other such time frame, or trading specific news events. We swing trade 100% objective, rules based strategies on daily charts only. This approach to Futures trading, requires about 30 to 60 minutes per day, to review charts for new trades, plus managing positions.

This is the program we recommend for anyone new to option or Futures trading, as well as experienced traders looking to add more consistency and profitability to their trading portfolios. For newer traders, we will provide guidance with selection of Futures and option brokers, setup of trading and analysis platforms, plus address any questions or concerns that come up.

For **ETF options**, we provide comprehensive Trading Plans for each of the 6 Ichimoku/Donchian Daily Chart setups we specialize in. Win/loss % stats will be provided for each ETF. We only take trades where we expect 84% wins or higher. The 28 ETFs we trade cover all of the major markets and sectors, interest rate ETFs, and international markets. The Daily Chart setups combined with the Weekly Chart setups produce 30 to 50 potential trading opportunities each month.

After consulting with you, we will customize a plan to most effectively achieve your trading goals, and which fits into your lifestyle. There will be at least 6 months of support to get your trading consistent and to deal with various market conditions. We also send out periodic updates to win/loss stats for each ETF and Futures contracts.

We will do a monthly review of your trades to make sure that any losses you experience, were just normal and expected losses. If losses were due to any other reason, we will identify that cause, and try to eliminate it going forward. After 3-6 months of consistently trading the strategies, we will evaluate what is working for you and what is not. We will then make adjustments accordingly to fine tune and improve trading results.

We do ask you to commit to at least 6 months of trading the methodology, to really understand the monthly profit/loss expectations. We will provide as much individualized guidance as possible during this time.

We will meet either via online conferencing using Zoom, or in person if you happen to live in the San Francisco Bay Area. We will make sure your charts are set up properly on your computer, and you have a good understanding of the trading strategies along with the related position management. That usually takes 5-10 hours for the option strategies, and 5-10 hours for the Futures strategies. The first few meetings are usually 1-2 hours per session, either via online conferencing or in-person. After the initial meetings, we will be primarily communicating via phone, email, or online conferencing as needed each week when questions come up regarding trades. We try to be flexible with clients, since we all live busy lives.

Please call or email with any questions, and to discuss your specific situation and trading goals. We can work on a personalized plan to achieve those goals.

Bay Area Options and Futures Swing Traders website:

www.behindscenes.com

Meetup site for live events in the Bay Area plus Zoom meetups:

www.meetup.com/Bay-Area-Options-and-Forex-Swing-Traders/